



WHAT ARE THE CHAINS THAT HOLD US BACK?

Paul and Silas shared the Good News even if it meant they would go to jail. God wants us to share the Good News too!

What keeps us from sharing the Good News? What holds us back or "chains us down"?

1. Using the chains that you made earlier, write down the things that—
 - Keep you from sharing the Good News (fear, don't know what to say, location, distance, etc...)
 - OR write down things that you need God to deliver you from (bullies, sickness, fear, anxiety, etc...)
2. Take time to pray over these chains that hold us back—ask God to deliver!
3. Break the chains to show that God delivers!
4. When you need God's help to deliver, read Psalm 91:9-16

"Suppose you say,
"The Lord is the one who keeps me safe."
Suppose you let the Most High God
be like a home to you.
Then no harm will come to you.
No terrible plague will come near your tent.
The Lord will command his angels
to take good care of you...
The Lord says,
"I will save the one who loves me.
I will keep him safe, because he trusts in me.
He will call out to me, and I will answer him.
I will be with him in times of trouble.
I will save him and honor him.
I will give him a long and full life.
I will save him."



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