



Lamentations
Roger Ellis, Lead Pastor
CBE: p. 179-194 | NIV: p. 569-574

WHAT IS A LAMENT?

- "to weep bitterly" "to mourn out loud" "to cry out" "wail"
- It is **unstoppable** in its timing and **inconsolable** in its power!

SETTING:

- Book of Jeremiah → Destruction of Jerusalem → Book of Lamentations
- Watch for these phrases:
"There is no one to comfort" (1:1-2, pp. 179-181)
"Look, Lord!" (1:9-11, pp.180-181; p. 186, 2:20)
"The Lord did this!" (1:5, p. 179)

LESSONS

1. God wants us to express our grief which is **real**, **raw** and **unavoidable**.
2. God is always **faithful** and **just**. (3:19-24)
3. We live in this ongoing **tension**. (5:21-22)
4. We must never forget that the **end will come**. (1:9 & Jeremiah 5:30-31)

THE ONE THING: *Jesus cares for you, so you can be utterly honest with Him.*

Miss something? Completed sermon notes are available online. Binders to organize your sermon notes are available at the upstairs Welcome Desk.

NEXT STEPS

- Memorize Lamentations 3:22-23.
- Read CBE (Lamentations out loud).
- Watch *The Bible Project* videos.
- Email me Roger's perspective on S.O.S.



Hey, nice job. We're on the third week on our trek.

We'll begin this week with an exploration of just how incredible God's Word is and all the ways it delights us. Once we've finished the Psalms, we'll move to a series of lament-songs tied to when Babylon conquered Jerusalem, reminding us that expressing anguish over a broken, fallen world is a legitimate part of the biblical drama. And then we'll finish the week with a series of wedding songs.

Be sure to create space for each day's reading. Resist the temptation to multi-task. Instead, try to carve out time each day so you can devote your full attention to the text.

Happy reading!

Source: "Invitation to Lamentations," p. 177; "Invitation to Song of Songs," p. 195.

JOIN THE CONVERSATION

Think of your weekly discussion group as more of a book club than a Bible study. All you have to do is share your responses to five simple questions:

1. What's something you noticed **for the first time**?
2. What **questions** did you have?
3. Was there anything that **bothered** you?
4. What did you learn about **loving God**?
5. What did you learn about **loving others**?

WORSHIP LYRICS

If you'd like to spend more time with the lyrics from any of the songs this morning, please click on the song title below to continue worshipping.

[The Way
Counting Every Blessing
Living Hope](#)

[Great is Thy Faithfulness
Lord Be Glorified](#)